

YU-TAEKWONDO AFRICA

Mombasa

Begins 07.07.2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY/HOLIDAY
MORNING	07:00 – 08:00 Adults +14	07:00 – 08:00 Adults 14+	07:00 – 08:00 Adults 14+	07:00 – 08:00 Adults 14+	07:00 – 08:00 Adults 14+	07:00 – 08:00 Adults 14+	08:00 – 09:00 Kids/Families <i>in Nyali-Beach</i>
						08:15 – 09:15 Kids/Families	09:00 – 09:30 SHOW <i>in Nyali-Beach</i>
						09:15 – 10:00 Toddlers	
MIDDAY							11:00 – 12:30 KwanJangNim - Online Training
AFTERNOON	16:00 – 16:45 Toddlers	16:00 – 16:45 Toddlers	16:00 – 16:45 Toddlers	16:00 – 16:45 Toddlers	16:00 – 16:45 Toddlers		
	17:00 – 18:00 Kids/Families	17:00 – 18:00 Kids/Families	17:00 – 18:00 Kids/Families	17:00 – 18:00 Kids/Families	17:00 – 18:00 Kids/Families		17:00 – 18:00 Kids/Families <i>in Nyali-Beach</i>
	18:15 – 19:15 Adults 14+	18:15 – 19:15 Adults 14+	18:15 – 19:15 Adults 14+	18:15 – 19:15 Adults 14+	Adults 14+		18:00 – 18:30 SHOW <i>in Nyali-Beach</i>